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# The Wing Laker

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April

2008

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## Special Olympics

Exciting plans are in the works to prepare the students, staff and parents for the big Special Olympics event scheduled for Saturday morning, May 3, from 9:00 to 11:30 at the Lamphere High School's athletic field located off 13 Mile Road between I-75 and John R in Madison Heights.

The "Team Wing Lake" pep rally is planned for Friday, May 2nd in the Wing Lake School gym. The gym is being decorated as a Carnival with games and prizes for our participating students.

The April 28th and 29th planned carnival events are:



bean bag throw, laser shooting, number roulette using the bingo spin cage, small ball rolling and possibly several others.

Please join us for this exciting event. Wing Lake will be sending home more information about specific times.

Meghan Dallavecchia, Wing Lake's gym teacher, has a large Special Olympics committee consisting of an abundance of staff: Rachel Bracey, Sue Boyle, Peggy Bryant, Joyce Carmouche, Peg Cooper, Kathy Green, Val Griffin, Mary Jankowski, Bob Mossman, Beth Munro, Sara Muntean, Mary Pat Rei-

chel, Arleen Smale, and Chantal White.

During all of April, staff will be working with students to prepare them for several Special Olympic events: Frisbee throwing, ball throwing, running, t-ball hitting, kicking, stepping over and the walking events, which can be done in a walker or wheelchair. The three distances goals are 10, 25 and 50 meters.

The practicing at school includes walking to an orange cone, turning around and walking back in order to cover the longer distances. Everyone is eligible to practice.

To further build enthusiasm for Special Olympics, the whole school is emphasizing exercising in April. For some students, exercising means riding an adaptive bike or going swimming. Other students may participate through stretching and range of motion in the classroom. Some students will be out walking while other students will wheel themselves through the hallways. Everyone has chances to earn exercising points which will then be used as currency for tickets at the carnival. Our goal is to have every Wing Lake student participate to the best of their ability.

We are looking for your suggestions for pep rally cheers. A cotton candy machine is also needed. Call Meghan Dallavecchia if you can help, 248-341-7900.





